



Challenge runs 12/12-12/23

B	I	N	G	O
Strength Class	Cardio class	Les Mills Body Pump	YOUR CHOICE!!	Noon class
Meditate	Do a family workout	TRX class	Yoga class	Aqua Class
Indoor Cycling class	Lunch time class	FREE SPACE!	Workout in Cardio or Weight room	Barre class
Water workout and/or cold plunge	BootCamp class	Strength class	Pilates Mat class	Evening class
Early morning class	YOUR CHOICE!!	Cardio class	Ultimate Core Class	Zumba, NIA, or Hip Hop

- *Limit one card per member*
- *Instructor Signs off in the square when you attend each class!*
- *Complete 2 Bingos to enter & win prizes!*
 - *Up & down, diagonal, 4 corners*

For more info contact: Lindsey Witty at lwitty@louisvilleco.gov or 303-335-4906