

For reservations please contact Tricia by 1:30 the business day before at <a href="mailto:PMorgan@louisvilleco.gov">PMorgan@louisvilleco.gov</a> Or 303-335-4931

3 Chicken Chipotte Beef Stuffed Peppers Cheese Stuffed Peppers Cheese Guacamole & Sour Cream Mixed Greens with Balsamic Dressing Apricots  3 Chicken Chipotte Peppers Cheese Guacamole & Sour Cream Mixed Greens with Balsamic Dressing Whole Orange Potato Concess Grapes Whole Wheat Roll  9 Janet Cole on Plano Roasted Sweet Potato Tacos Pico de Gallo and Sour Cream Whole Wheat Roll  10 Tore's Meatloaf Oven Browned Potatoes Broccoll Grapes Whole Wheat Roll  11 Hollday Lunch Ham Cheese Yotatoes Caramelized Carrots Roll Banana Whole Wheat Roll  12 Bingo Tarriyaki Chicken with Politic National Strawberries with Balsamic Dressing Banana Whole Wheat Roll  13 Barbed Wire Person Whole Wheat Roll  14 Hollday Lunch Ham Cheese Yotatoes Caramelized Carrots Roll Banana Whole Wheat Roll  15 Binday Lunch Ham Cheese Yotatoes Caramelized Carrots Roll Banana Whole Whole Wheat Roll  16 Grapes Whole Wheat Roll  17 Mariko & Mike Guiroa Enchilada Cassende with green observice with green beast Inmators Cheese A avocado Spinach Salad with Emon Vinaigrette Grapes  23 Cheese Enchiladas Spinach Salad with Lemon Vinaigrette Grapes  23 Cheese Enchiladas Spinach Salad with Lemon Vinaigrette Grapes  24 CLOSED  25 CLOSED  26 CLOSED  27 Barbed Wire Meat Roll  27 Barbed Wire Person Tosats Whole Wheat Roll  28 Stuffed French Toast With Maple Syrup Yogurt Fruit Parfait Bacon  30 Stuffed French Toast With Maple Syrup Yogurt Fruit Parfait Bacon  30 Stuffed French Toast With Maple Syrup Yogurt Fruit Parfait Bacon  30 Stuffed French Toast With Maple Syrup Yogurt Fruit Parfait Bacon  30 Stuffed French Toast With Maple Syrup Yogurt Fruit Parfait Bacon  31 New Years @ Noor Chicken Panna Alla With Maple Syrup Yogurt Fruit Parfait Bacon  31 New Years & Balad Mith Parfait Bacon Ham Yogurt Parfait Banana  31 New Years & Balad Mith Parfait Bacon Ham Yogurt Parfait Banana  32 Strawberries with Balad with Parfait Banana Parfait Banana Ham Parfait Banana Parfait	Monday	Tuesday	Wednesday	Thursday	Friday
Beef Stuffed Peppers Mixed Greens w/Balsamic Dressing Apricots  Panel Cole on Piano Roasted Sweet Potato Tacos  Pico de Gallo and Sour Cream Mexican Slaw Banana  17 Mariko & Mike Cheese Stuffed Chieces Stuffed Chieces Stuffed Chieces Buffed Chieces Baked Potato with Sour Cream Sour Cream Baked Potato with Sour Cream Baked Potato with Sour Cream Baked Potato with Sour Cream Sour Cream Sour Cream Sour Cream Baked Potato with Sour Cream Sour Cream Sour Cream Sour Cream Baked Potato with Sour Cream Sour Cre		3 Chicken Chipotle	<b>4</b> Parmesan		<b>6</b> Vegetarian
Mixed Greens with Balsamic Dressing Mixed Greens with Balsamic Dressing Whole Orange  9 Janet Cole on Plano Roasted Sweet Potato Tacos Pico de Gallo and Sour Cream Mexican Slaw Banana  16 Cheese Stuffed Chieken Breast Chilics, corn, black brank Dorream Whole Whole Whole Whole Whole Orange  17 Mariko & Mike Quinoa Enchiladas Capres & avocado Asparagus Whole Orange  17 Mariko & Mike Quinoa Enchiladas Capres & avocado Rosans, fornatoes, cheese & avocado Rosur Cream Sour Cream Sour Cream  18 Birnhay Lunch Chili Con Carne with Balsamic Dressing Dinach Salad with Desk  18 Birnhay Lunch Chili Con Carne with Salsa Whole Orange  19 Janet Cole on Plano Roasted Brussel Sprout Salad Whole Wheat Roll  10 Tore's Meatloaf Over Browned Potatoes Caramelized Carrots Roll Banana  10 Tore's Meatloaf Over Browned Potatoes Caramelized Carrots Roll Banana  11 Holiday Lunch Cheese Potatoes Caramelized Carrots Roll Banana  12 Birnhay Lunch Chili Con Carne with Balsamic Dressing Pineapple Chunks  13 Berbed Wire Cheese As avocado Spinach Salad with Pine Nutris & Veggtarian Option: Stuffed Asian Vegetarian Cortices Balack Beans  14 Birthy Lunch Chili Con Carne with Salsanic dressing Pineapple Chunks  15 Birthy Lunch Chili Con Carne with Salsanic dressing Spinach Salad with Balsamic Dressing Pineapple Chunks  16 Cheese Stuffed Quinoa Enchiladas Carne with Sulcan Cornbread Cornbread Cornbread Cornbread Mixed Greens with Sulnal Vegetables Sprout Salad Whole Orange  18 Birthy Lunch Chili Con Carne with Salna Vegetables Sprout Salad Whole Orange  19 Grilled Lime Spinach Salad with Pine Nutris Rough Whole Orange  19 Grilled Lime Spinach Salad with Pine Nutris Rough Whole Orange  19 Grilled Lime Spinach Salad with Pine Nutris Rough Whole Orange  19 Grilled Lime Spinach Salad with Pine Nutris Rough Whole Orange  10 Pork Stew with Vegetables Surfice Asian Vegetables Surfice A		Pinto Beans, Rice &	Wild Rice Blend		•
Mixed Greens W/ Balsamic Dressing Mixed Greens with Balsamic Dressing Banana Whole Wheat Roll  9  Janet Cole on Plano Roasted Sweet Potato Tacos  Pico de Gallo and Sour Cream Mexican Slaw Banana  16  Grapes Whole Wheat Roll  17  Mariko & Mike Cases Stuffed Chicken Breast Baked Potato with Sour Cream Garages  Mole Wheat Roll  17  Mariko & Mike Cases Stuffed Chicken Breast Baked Potato with Sour Cream Garages  Asparagus  23  Cheese Enchiladas Smothered with Salsa Verde Mexican Rice Sour Cream Mexican Rice Sour Cream Mexican Chopped Salad Peaches  30  Stuffed French Toast with Maple Syrup  Yogurt Fruit Parfait Basanan  Mixed Greens with Salsa Mixed	Peppers		Spinach Salad with		1/2 Grilled Vegetable Panini
Apricots  Mixed Greens with Balsamic Dressing Banana Whole Wheat Roll  9 Janet Cole on Piano Roasted Sweet Potato Tacos Pico de Gallo and Sour Cream Mexican Slaw Banana  Mixed Greens with Whole Wheat Roll  10 Tore's Meatloaf Oven Browned Potatoes Caramelized Carrots Roll Banana  Broccoli Grapes Whole Wheat Roll  Broccoli Grapes Whole Wheat Roll  Whole Wheat Roll  Whole Wheat Roll  Broccoli Banana  Mixed Greens with Whole Wheat Roll  11 Holiday Lunch Ham Cheesy Potatoes Caramelized Carrots Roll Banana  Wegdarian Option: Stuffed Common Squash Pineapple Chunks  Spanish Rice Black Beans Tossed Salad Whole Orange  16 Cheese Stuffed Chiese Stuffed Chiese and Sour Cream Liles, corn, black beans, tomatoes, beans, tomatoes, cheese & avocado Asparagus Whole Orange  17 Mariko & Mike Cheese Stuffed Chiese and Sour Cream With Green and Sour Cream Chiese, corn, black beans, tomatoes, beans, tomatoes, cheese & avocado Asparagus Whole Orange  18 Brithday Lunch 18 Grilled Lime Salam With Avocado Combines on With Green Swill Gream and Sour Cream With Greens will Sunflower Seeds & Balsamic Dressing Strawberries  Stir-fried Asian Vegetables Winde Wheat Roll  20 Pork Stew with Coconnum With Avocado Combines on Winde Wheat Roll  Spinach Salad with Chicken Salad Whole Orange  18 Brithday Lunch 19 Grilled Lime Salam Vegetables & White Stir-fried Asian Vegetables & White Sunflower Seeds & Balsamic Dressing Strawberries  Stir-fried Asian Vegetables & White Sunflower Seeds & Balsamic Dressing Strawberries  Stir-fried Asian Vegetable Stir-fried Asian Vegetables Bun With Sliced Provolone  Mixed Greens with Silced Provolone  Mixed Greens with Islaed Vegetarian Salad (with egg) Options available. (Meals prepared in a facility with wheat, nuts & milk).  Balagana			Pine Nuts &		
Balsamic Dressing Whole Vneat Roll Whole Wheat Roll Oven Browned Potatoes Broccoli Banana Sour Cream Chieses Potatoes Garamelized Carrots Whole Wheat Roll Banana Potatoes Garamelized Carrots Whole Wheat Roll Wegetarian Option: Stuffed Acorn Squash Pine Nuts & Strawberries with Balsamic Dressing Pineapple Chunks Deans to matoes, cheese & avocado Spinach Salad with Emon Vinaigrette Grapes  23 Cheese Enchiladas Smothered with Salas Werden Roll Werde Mexican Chopped Salad Peaches  24 CLOSED  25 CLOSED  26 CLOSED  27 Barbed Wire Teriyaki Chicken with Rice Noodles & Veggies Spinach Salad with Pine Nuts & Strawberries with Balsamic Dressing Pineapple Chunks Trossed Salad Whole Orange  17 Mariko & Mike Quinca Enchiladas Casserole with green chiles, corn, blade Chicken Breast Chicken Breast Chiese and Sour Cream Whole Orange  28 Cheese Enchiladas Smothered with Salas World Wended Roll Whole Wheat Roll  29 Pork Stew with Palasamic Dressing Strawberries Stir-fried Asian Vegetables Whole Wheat Roll  26 CLOSED  27 Barbed Wire Beef Enchiladas Spinach Salad with Elaks Balsamic Dressing Strawberries Whole Wheat Roll  29 Pork Stew with Salad with Elaks Balsamic Dressing Strawberries Stir-fried Asian Vegetables Balsamic Dressing Strawberries Whole Wheat Roll  28 CLOSED  29 Pork Stew with Salad with Elaks Balsamic Dressing Strawberries Whole Wheat Roll  29 Pork Stew with Salad with Elaks Balsamic Dressing Strawberries Whole Wheat Roll  20 Pork Stew with Salad with Elaks Balsamic Dressing Strawberries Whole Wheat Roll  20 Pork Stew with Salad with Elaks Balsamic Dressing Strawberries Whole Wheat Roll  20 Pork Stew with Salad with Elaks Balsamic Dressing Strawberries Whole Wheat Roll  20 Pork Stew with Salad with Elaks Balsamic Dressing Strawberries Whole Wheat Roll  20 Pork Stew with Salad with Elaks Balsamic Dressing Strawberries Strawberries Whole Wheat Roll  20 Pork Stew with Salad with Salad with Salad with Salad with Salad with Salad with Sal	9		Balsamic Dressing	•	'
9 Janet Cole on Piano Roasted Sweet Potato Tacos Pico de Gallo and Sour Cream Mexican Slaw Banana  16 Cheese Stuffed Chicken Breast Baked Potato with Sour Cream  Baked Potato with Sour Cream  Baked Potato with Sour Cream  17 Mariko & Mike Cheese Stuffed Chicken Breast Baked Potato with Sour Cream  Baked Potato with Sour Cream  Baked Potato with Sour Cream  Cheese Stuffed Chicken Breast Cheese A avocado Spinach Salad with Lemon Vinaigrette Grapes  23 Cheese Enchiladas Smothered with Salsa Verde Mexican Rice Sour Cream Vegetarian Option: Stuffed Acorn Squash Register at Front Desk  18 Birthday Lunch Ham Cheesy Potatoes Caramelized Carrots Roll Wegetarian Option: Stuffed Acorn Squash Register at Front Desk  19 Grilled Lime Salmon with Avocado Amango Salsa Coconut Rice Stir-fred Asian Vegetarian Salad with Salmon with Avocado Asparagus Whole Orange  20 Pork Stew with Sulfide Acorn Salmon with Avocado Amango Salsa Coconut Rice Stir-fred Asian Vegetarian Salad with Sulfide Acorn Salmon with Avocado Amango Salsa Coconut Rice Stir-fred Asian Vegetarian Salad with Sulfide Asian Vegetarian Option: Stirawberries Spinach Salad with Belasmic Dressing Pineapple Whole Wheat Roll  20 Pork Stew with Sulfide Acorn Salmon with Avocado Amango Salsa Coconut Rice Stir-fred Asian Vegetarian Salad with Sulfide Asian Vegetarian Salmon with Avocado Amango Salsa Coconut Rice Stir-fred Asian Vegetarian Spinach Salad with Sulfide Acorn Salmon with Avocado Amango Salsa Coconut Rice Stir-fred Asian Vegetarian Spinach Salad with Sulfide Acorn Spannan with Avocado Amango Salsa Coconut Rice Stir-fred Asian Vegetarian Sulfide Acorn Spinach Salad with Belasmic Dressing Pineapple Whole Wheat Roll  27 Barbed Wire Meataball Hero on Whole Wheat Bul With Silced Provolone  Mixed Greens with Italian Dressing Pineapple Mixed Greens with Sulfide Acorn Spinach Salad with Pine Nut	Apricois	Balsamic Dressing	Banana Whole Wheat Roll		Banana
Roasted Sweet Potato Tacos Pico de Gallo and Sour Cream Mexican Slaw Banana  16 Cheese Stuffed Chieken Breast Baked Potato with Sour Cream Sayr Cream  17 Mariko & Mike Quinoa Enchilada Casserole with green chiles, corn, black beans, tomatoes, cheese & avocado Spinach Salad with Lemon Vinaigrette Grapes  17 Mariko & Mike Cheese Stuffed Chieken Breast Baked Potato with Sour Cream Sayr Coconut Rice Salamon with Avocado Spinach Salad with Balsamic Dressing Pineapple Chunks  19 Grilled Lime Salmon with Avocado -Mango Salsa Coconut Rice Spinach Salad with Pine Nuts & Strawberries with Balsamic Dressing Pineapple Chunks  19 Grilled Lime Salmon with Avocado -Mango Salsa Coconut Rice Spinach Salad with Pine Nuts & Strawberries with Balsamic Dressing Pineapple Chunks  20 Pork Stew with Pine Salmon with Avocado -Mango Salsa Coconut Rice Spinach Salad with Pine Nuts & Strawberries with Balsamic Dressing Pineapple Whole Wheat Roll  20 Pork Stew with Pine Nuts & Strawberries with Balsamic Dressing Spinach Salad with Pine Nuts & Strawberries with Balsamic Dressing Spinach Salad with Pine Nuts & Strawberries with Balsamic Dressing Spinach Salad with Pine Nuts & Strawberries with Balsamic Dressing Spinach Salad with Pine Nuts & Strawberries with Balsamic Dressing Spinach Salad with Pine Nuts & Strawberries with Balsamic Dressing Spinach Salad with Pine Nuts & Strawberries with Balsamic Dressing Spinach Salad with Pine Nuts & Strawberries with Balsamic Dressing Spinach Salad with Pine Nuts & Strawberries with Balsamic Dressing Spinach Salad with Pine Nuts & Strawberries with Balsamic Dressing Spinach Salad with Pine Nuts & Strawberries with Balsamic Dressing Spinach Salad with Pine Nuts & Strawberries with Balsamic Dressing Spinach Salad with Pine Nuts & Strawberries with Balsamic Dressing Spinach Salad with Pine Nuts & Strawberries with Balsamic Dressing Spinach Salad with Pine Nuts & Strawberries with Salad Whole Orange  Coconut Rice Spinach Salad with Pine Nuts & Strawberries with Balsamic Dressing Spinach Salad with Pine Nut	O land Oals on Diago				13 Barbad Wire
Potato Tacos Pico de Gallo and Sour Cream Mexican Slaw Banana  16 Cheese Stuffed Chicken Breast Baked Potato with Sour Cream Molles Whole Orange  17 Mariko & Mike Quinoa Enchilada Casserole with green chilies, corn, black beans, tomatoes, cheese & avocado Asparagus Whole Orange  23 Cheese Enchiladas Smothered with Salsa Verde Mexican Rice Mexican Rice Mexican Rice Sour Cream Vegetarian Option: Stuffed Acorn Squash Tossed Salad Whole Orange  18 Birthday Lunch Cheese and Sour Cream with Cheese and Sour Cream Cornbread Mixed Greens with Balsamic Dressing Strawberries  19 Grilled Lime Salmon with Avocado Salas Cornbread Cornbread Cornbread Mixed Greens with Balsamic Dressing Strawberries  Spinach Salad with Sunflower Seeds & Balsamic Dressing Strawberries  Spinach Salad with Sunflower Seeds & Balsamic Dressing Strawberries  Spinach Salad with Sunflower Seeds & Balsamic Dressing Strawberries  Spinach Salad with Sunflower Seeds & Balsamic Dressing Spinach Salad with Sunflower Seeds & Balsamic Dressing Strawberries  Spinach Salad with Sunflower Seeds & Balsamic Dressing Spinach Salad with Sunflower Seeds & Balsamic Dressing Spinach Salad with Sunflower Seeds & Balsamic Dressing Strawberries  Stir-fried Asian Vegetables St					
Pico de Gallo and Sour Cream  Mexican Slaw Banana  Tossed Salad Whole Orange  Tossed Salad Salawith Salany Whole Orange  Tossed Salad Whole Orange  Tossed S			Cheesy Potatoes	with Rice Noodles	Sour Cream
Sour Cream  Mexican Slaw Banana  Tossed Salad Whole Orange  Tossed Salad Wh			Caramelized Carrots Roll	& Veggies	<u> </u>
Whole Wheat Roll  Whole Wheat Roll  Whole Wheat Roll  Whole Wheat Roll  Register at Front Desk  17 Mariko & Mike Quinoa Enchilada Casserole with green chilies, corn, black beans, tomatoes, cheese & avocado Spinach Salad with Lemon Vinaigrette Grapes  23 Cheese Enchiladas Smothered with Salsa Verde Mexican Rice Sour Cream Mixed Greens With Sour Cream Mixed Greens W	_		Banana	Spinach Salad with	Spanish Rice
Mexican Slaw Banana  Squash Register at Front Desk  Register at Front Desk  Register at Front Desk  Register at Front Desk  Pineapple Chunks  Whole Orange  Whole Orange  Whole Orange  17 Mariko & Mike Quinoa Enchilada Casserole with green chiles, corn, black beans, tomatoes, cheese & avocado  Asparagus  Whole Orange  Spinach Salad with Lemon Vinaigrette  Grapes  Strawberries  Stir-fried Asian Vegetables  Spinach Salad with Salsanic Dressing  Spinach Salad with Lemon Vinaigrette  Grapes  Strawberries  Stir-fried Asian Vegetables  Spinach Salad with Sunflower Seeds & Balsamic Dressing  Grapes  Whole Wheat Roll  Stir-fried Asian Vegetables  Spinach Salad with Sunflower Seeds & Balsamic Dressing  Spinach Salad with Sunflower Seeds & Balsamic Dressing  Spinach Salad with Sunflower Seeds & Balsamic Dressing  Spinach Salad with Vegetables  Stir-fried Asian Vegetables  Spinach Salad with Sunflower Seeds & Balsamic Dressing  Grapes  Whole Wheat Roll  Coconut Rice  Stir-fried Asian Vegetables  Spinach Salad with Sunflower Seeds & Balsamic Dressing  Grapes  Whole Wheat Roll  Coconut Rice  Stir-fried Asian Vegetables  Stir-fried Asian Vegeta	Sour Cream	•	Vegetarian Option:	Strawberries with	
Banana  16 Cheese Stuffed Chicken Breast Baked Potato with Sour Cream Asparagus Whole Orange  20 Pork Stew with Vegetables & White Beans Spinach Salad with Lemon Vinaigrette Grapes  23 Cheese Enchiladas Sour Cream Whole Whole Wheat Roll  24 CLOSED  25 CLOSED  26 CLOSED  27 Barbed Wire Meatball Hero on Whole Wheat Bun with Sliced Provolone Mixed Greens with Salaa Verde Mexican Rice Sour Cream Mexican Chopped Salad Peaches  30 Stuffed French Toast with Maple Syrup Yogurt Fruit Parfait Bacon  Register Front Toest Desk  Als Birthday Lunch Cheese and Sour Cream Mixed Greens with Salmana Mixed Greens with Salmana Mixed Greens with Salmana Mixed Greens with Sunflower Seeds & Balsamic Dressing Grapes Whole Wheat Roll  27 Barbed Wire Meatball Hero on Whole Wheat Bun with Sliced Provolone Mixed Greens with Italian Dressing Pineapple Mixed Greens with Vegetarian Salad (with egg) Options available. (Meals prepared in a facility with wheat, nuts & milk).	Mexican Slaw	Whole Wheat Roll	Squash		
16 Cheese Stuffed Chicken Breast Baked Potato with Sour Cream Asparagus Whole Orange  23 Cheese Enchiladas Smothered with Salsa Verde Mexican Rice Sour Cream Mexican Chopped Salad Peaches  30 Stuffed French Toast with Maple Syrup Yogurt Fruit Parfait Bacon  17 Mariko & Mike Quinoa Enchilada Casserole with green Chilii Con Carne with Cheese and Sour Cream Cornbread Casserole with green Chilii Con Carne with Cheese and Sour Cream Cornbread Cornbread Cornbread Cornbread Cornbread Mixed Greens wide Balsamic Dressing Grapes Whole Wheat Roll  27 Barbed Wire Meatball Hero on Whole Wheat Bun With Sliced Provolone Mixed Greens with Italian Dressing Pineapple Mixed Greens with Italian Dressing Pineapple  Cheese and Sour Cream Coconut Rice Stir-fried Asian Vegetables Pineapple Whole Wheat Roll  27 Barbed Wire Meatball Hero on Whole Wheat Bun With Sliced Provolone Mixed Greens with Italian Dressing Pineapple Vegetarian Salad (with egg) Options available. (Meals prepared in a facility with wheat, nuts & milk).	Banana		Register ***	Pineappie Chunks	Whole Grange
Cheese Stuffed Chicken Breast Baked Potato with Sour Cream Baked Potato with Sour Cream Asparagus Whole Orange  23 Cheese Enchiladas Smothered with Salsa Verde Mexican Rice Sour Cream Mexican Chopped Salad Peaches  30 Stuffed French Toast with Maple Syrup Yogurt Fruit Parfait Bacon  Quinoa Enchiladad Casserole with green chilies, corn, black beans, tomatoes, cheese & avocado Cornbread Chicken Penne Alla Vegetables Coconut Rice Spinach Salad with Cheese and Sour Cream Mixed Greens with Sulfided French Toast with Maple Syrup  Yogurt Fruit Parfait Bacon  Quinoa Enchiladad Casserole with green chilies, corn, black beans, tomatoes, cheese and Sour Cream Wixed Greens with Cheese and Sour Cream Wixed Greens with Sunflower Seeds & Balsamic Dressing Spinach Salad with Sunflower Seeds & Spinach Salad with Sunflower Seeds & Balsamic Dressing Spinach Salad with Sunflower Seeds & Balsamic Dressing Spinach Salad with Sunflower Seeds & Spinach					
Chicken Breast Baked Potato with Sour Cream Asparagus Whole Orange  23 Cheese Enchiladas Smothered with Salsa Verde Mexican Chopped Salad Peaches  30 Stuffed French Toast with Maple Syrup  Yogurt Fruit Parfait Bacon  Casserole with green chilles, corn, black beans, tomatoes, cheese & avocado Spinach Salad with Lemon Vinaigrette Casserole with green chilles, corn, black beans, tomatoes, cheese & avocado Mixed Greens will Balsamic dressing Strawberries  Spinach Salad with Sulfider Stir-fried Asian Vegetables  Stir-fried Asian Vegetables Stir-fried Asian Vege	16 Chassa Stuffed	17 Mariko & Mike	18 Birthday Lunch	19 Grilled Lime	20 Pork Stew with
Baked Potato with Sour Cream Asparagus Whole Orange  Cornbread Mixed Greens wi Balsamic dressing Strawberries  Mixed Greens wi Balsamic dressing Strawberries  Strawberries  Coconut Rice Stir-fried Asian Vegetables Pineapple Whole Wheat Roll  23 Cheese Enchiladas Smothered with Salsa Verde Mexican Rice Sour Cream Mexican Chopped Salad Peaches  30 Stuffed French Toast with Maple Syrup Yogurt Fruit Parfait Bacon  beans, tomatoes, cheese & avocado Mixed Greens will Balsamic dressing Strawberries  Coconut Rice Stir-fried Asian Vegetables Pineapple Whole Wheat Roll  25 CLOSED  26 CLOSED  Wixed Greens with Italian Dressing Pineapple  Alla Vegetarian Salad (with egg) options available. (Meals prepared in a facility with wheat, nuts & milk).  Daily Vegetarian Option Veggie Calzone Mixed Greens	Chicken Breast	Casserole with green	Cheese and Sour	-Mango Salsa	Beans
Asparagus Whole Orange  Spinach Salad with Lemon Vinaigrette Grapes  Strawberries  Stir-fried Asian  Vegetables  Pineapple  Whole Wheat Roll  All Peachs and Withe Meath on Whole Wheat Roll  Strawberries  Strawber	Baked Potato with	beans, tomatoes,		Coconut Rice	Spinach Salad with
Whole Orange  Lèmon Vinaigrette Grapes  Strawberries  Strawberries  Pineapple Whole Wheat Roll  27 Barbed Wire Meatball Hero on Whole Wheat Bun with Sliced Provolone Mexican Rice Sour Cream Mexican Chopped Salad Peaches  30 Stuffed French Toast with Maple Syrup  Yogurt Fruit Parfait Bacon  Lèmon Vinaigrette Strawberries  Strawberries  Pineapple Whole Wheat Roll  26 CLOSED  26 CLOSED  Whole Wheat Roll  Chef Salad, Grilled Chicken Salad, Vegetarian Salad (with egg) Option  Vegetarian Salad (with egg) Option  Veggie Calzone  Mixed Greens			Mixed Greens wi €	Stir-fried Asian	Balsamic Dressing
23 Cheese Enchiladas Smothered with Salsa Verde Mexican Rice Sour Cream Mexican Chopped Salad Peaches  30 Stuffed French Toast with Maple Syrup  Yogurt Fruit Parfait Bacon  24 CLOSED  25 CLOSED  26 CLOSED  26 CLOSED  Mixed Greens with Meatball Hero on Whole Wheat Bun with Sliced Provolone Mixed Greens with Italian Dressing Pineapple  Chef Salad, Grilled Chicken Salad, Vegetarian Salad (with egg) options available. (Meals prepared in a facility with wheat, nuts & milk).  Daily Vegetarian Option  Veggie Calzone Mixed Greens		Spinach Salad with Lemon Vinaigrette			Grapes
23 Cheese Enchiladas Smothered with Salsa Verde Mexican Rice Sour Cream Mexican Chopped Salad Peaches  30 Stuffed French Toast with Maple Syrup Yogurt Fruit Parfait Bacon  24 CLOSED  25 CLOSED  26 CLOSED  Wheatball Hero on Whole Wheat Bun with Sliced Provolone Mixed Greens with Italian Dressing Pineapple  Chef Salad, Grilled Chicken Salad, Vegetarian Salad (with egg) Options available. (Meals prepared in a facility with wheat, nuts & milk).  Daily Vegetarian Option Veggie Calzone Mixed Greens Mixed Greens Mixed Greens Mixed Greens Mixed Greens Mixed Greens	Whole Orange	9	Strawberries	Pineapple Whole Wheat Roll	Whole Wheat Roll
Smothered with Salsa Verde Mexican Rice Sour Cream Mexican Chopped Salad Peaches  30 Stuffed French Toast with Maple Syrup Yogurt Fruit Parfait Bacon  Meatball Hero on Whole Wheat Bun with Sliced Provolone Mixed Greens with Italian Dressing Pineapple  Chef Salad, Grilled Chicken Salad, Vegetarian Salad (with egg) options available. (Meals prepared in a facility with wheat, nuts & milk).  Meatball Hero on Whole Wheat Bun with Sliced Provolone  Mixed Greens with Italian Dressing Pineapple  Chef Salad, Grilled Chicken Salad, Vegetarian Salad (with egg) options available. (Meals prepared in a facility with wheat, nuts & milk).	23 Cheese Enchiladas		25 CLOSED	26 CLOSED	27 Barbed Wire
Mexican Rice Sour Cream Mexican Chopped Salad Peaches  30 Stuffed French Toast with Maple Syrup Yogurt Fruit Parfait Bacon  Mixed Greens with Italian Dressing Pineapple  Chef Salad, Grilled Chicken Salad, Vegetarian Salad (with egg) options available. (Meals prepared in a facility with wheat, nuts & milk).  Provolone Mixed Greens with Italian Dressing Pineapple  Chef Salad, Grilled Chicken Salad, Vegetarian Salad (with egg) Option  Veggie Calzone Mixed Greens Mixed Greens Mixed Greens					Meatball Hero on
Sour Cream Mexican Chopped Salad Peaches  30 Stuffed French Toast with Maple Syrup Yogurt Fruit Parfait Bacon  31 New Years © Noon Chicken Penne Alla Vodka Caprese Salad Garlic Bread Banana  32 New Years © Noon Chef Salad, Grilled Chicken Salad, Vegetarian Salad (with egg) options available. (Meals prepared in a facility with wheat, nuts & milk).  Mixed Greens with Italian Dressing Pineapple  Chef Salad, Grilled Chicken Salad, Vegetarian Salad (with egg) Option Veggie Calzone Mixed Greens Mixed Greens					with Sliced
Mexican Chopped Salad Peaches  30 Stuffed French Toast with Maple Syrup  Yogurt Fruit Parfait Bacon  31 New Years @ Noon Chicken Penne Alla Vodka  Caprese Salad Garlic Bread Banana  Chef Salad, Grilled Chicken Salad, Vegetarian Salad (with egg) options available. (Meals prepared in a facility with wheat, nuts & milk).  Italian Dressing Pineapple  Chef Salad, Grilled Chicken Salad, Vegetarian Option  Vegetarian Salad (with egg) options available. (Meals prepared in a facility with wheat, nuts & milk).				8	
30 Stuffed French Toast with Maple Syrup Yogurt Fruit Parfait Bacon  31 New Years @ Noon Chicken Penne Alla Vegetarian Salad (with egg) Options available. (Meals prepared in a facility with wheat, nuts & milk).  Chef Salad, Grilled Chicken Salad, Vegetarian Option Vegetarian Salad (with egg) Option Veggie Calzone Mixed Greens					Italian Dressing
30 Stuffed French Toast with Maple Syrup Yogurt Fruit Parfait Bacon  31 New Years @ Noon Chicken Penne Alla Vodka Chef Salad, Grilled Chicken Salad, Vegetarian Salad (with egg) options available. (Meals prepared in a facility with wheat, nuts & milk).  Chef Salad, Grilled Chicken Salad, Vegetarian Option Vegetarian Salad (with egg) options available. (Meals prepared in a facility with wheat, nuts & milk).					Pineapple
Vogurt Fruit Parfait Bacon  Vodka  Vegetarian Salad (with egg)  options available. (Meals prepared in a facility with wheat, nuts & milk).  Vegetarian Salad (with egg)  options available. (Meals prepared in a facility with wheat, nuts & milk).		24 11 17 2 11			
Yogurt Fruit Parfait Bacon  Caprese Salad Garlic Bread Banana  Caprese Salad Options available. (Meals prepared in a facility with wheat, nuts & milk).	Stuffed French Toast	Chicken Penne Alla		in the second	
Bacon  Garlic Bread  Banana  Banana  Garlic Bread  Banana  Daried in a facility with wheat, nuts & milk).  Mixed Greens	with Maple Syrup		, , ,		•
Bacon  Garlic Bread  Banana  Pared in a facility with wheat, nuts & milk).  Mixed Greens	Yogurt Fruit Parfait	- HA	· · · · · · · · · · · · · · · · · · ·		Veggie Calzone
	Bacon	Garlic Bread	pared in a facility with wheat,		Mixed Greens
		Banana	nuts	x IIIIK).	Orange
		-41			

Lunch is served promptly at 12 **noon**. If you are not here by 12:05 your meal is not guaranteed.

Suggested donation for 60+: \$4.25 for 59 & under the cost is \$12.

Menu subject to change.

Meals prepared in a facility with wheat, nuts & milk.  $Allergen\ information\ available\ upon\ request.$ 

**Meals on Wheels** offers an option of home delivery & weekend meals, please call 303-665-0566

December Birthdays
Celebration
On December 18

