



December 2024

For reservations please contact Tricia by 1:30 the business day before at PMorgan@louisvilleco.gov Or 303-335-4931

| Monday | Tuesday | Wednesday | Thursday | Friday |
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| 2 Beef Stuffed Peppers Mixed Greens w/ Balsamic Dressing Apricots | 3 Chicken Chipotle Burritos filled with Pinto Beans, Rice & Cheese Guacamole & Sour Cream Mixed Greens with Balsamic Dressing Whole Orange | 4 Parmesan Crusted Tilapia with Wild Rice Blend Spinach Salad with Pine Nuts & Strawberries with Balsamic Dressing Banana Whole Wheat Roll | 5 Grilled Pork Chop Yukon Gold Potatoes Roasted Brussel Sprouts Pineapple Whole Wheat Roll | 6 Vegetarian French Onion Soup 1/2 Grilled Vegetable Panini Kale & Brussels Sprout Salad Banana |
| 9 Janet Cole on Piano Roasted Sweet Potato Tacos Pico de Gallo and Sour Cream Mexican Slaw Banana | 10 Tore's Meatloaf Oven Brownd Potatoes Broccoli Grapes Whole Wheat Roll | 11 Holiday Lunch Ham Cheesy Potatoes Caramelized Carrots Roll Banana Vegetarian Option: Stuffed Acorn Squash Register at Front Desk  | 12 Bingo Teriyaki Chicken with Rice Noodles & Veggies Spinach Salad with Pine Nuts & Strawberries with Balsamic Dressing Pineapple Chunks | 13 Barbed Wire Beef Enchiladas Sour Cream Guacamole Spanish Rice Black Beans Tossed Salad Whole Orange |
| 16 Cheese Stuffed Chicken Breast Baked Potato with Sour Cream Asparagus Whole Orange | 17 Mariko & Mike Quinoa Enchilada Casserole with green chilies, corn, black beans, tomatoes, cheese & avocado Spinach Salad with Lemon Vinaigrette Grapes | 18 Birthday Lunch Chili Con Carne with Cheese and Sour Cream Cornbread Mixed Greens w/ Balsamic dressing Strawberries | 19 Grilled Lime Salmon with Avocado -Mango Salsa Coconut Rice Stir-fried Asian Vegetables Pineapple Whole Wheat Roll | 20 Pork Stew with Vegetables & White Beans Spinach Salad with Sunflower Seeds & Balsamic Dressing Grapes Whole Wheat Roll |
| 23 Cheese Enchiladas Smothered with Salsa Verde Mexican Rice Sour Cream Mexican Chopped Salad Peaches | 24 CLOSED  | 25 CLOSED  | 26 CLOSED  | 27 Barbed Wire Meatball Hero on Whole Wheat Bun with Sliced Provolone Mixed Greens with Italian Dressing Pineapple |
| 30 Stuffed French Toast with Maple Syrup Yogurt Fruit Parfait Bacon | 31 New Years @ Noon Chicken Penne Alla Vodka Caprese Salad Garlic Bread Banana  | Chef Salad, Grilled Chicken Salad, Vegetarian Salad (with egg) options available. (Meals prepared in a facility with wheat, nuts & milk). | | Daily Vegetarian Option Veggie Calzone Mixed Greens Orange |

Lunch is served promptly at 12 noon. If you are not here by 12:05 your meal is not guaranteed.
Suggested donation for 60+: \$4.25 for 59 & under the cost is \$12.
Menu subject to change.
Meals prepared in a facility with wheat, nuts & milk. Allergen information available upon request.
Meals on Wheels offers an option of home delivery & weekend meals, please call 303-665-0566

December Birthdays Celebration On December 18

