



DECEMBER 2024



SUN	MON	TUES	WEDNESDAY	THURSDAY	FRIDAY	SAT
1	2 12:30 Massage w/Erica 1:15 Bridge, all levels 1:15 Chess, Drop-In 3:30 Tai Chi 1 4:30 Intro to Tai Chi	3 10 Massage w/Erica 1:15 Drop-In Mah Jongg	4 10 Community Convo w/ PD 10 Panera Bread 10 Massage w/Erica 11 Quantum-Music Group 12:45 Scrabble 1 Inter./Adv. Line Dancing 1 Open Enrollment Counseling 1:15 Open Game Day 1:45 Adv. Beg. Spanish 2 2 Trip: Gaylord Rockies Hotel 3 Tap Dancing 4:30 & 5:30 Tai Chi 3-Wed	5 9 Loving Hands 9 Drop In Tech Guru 10 Massage w/Erica 11 Tree of Warmth Celebration 1 Improv Class 1 Willmaker Legal Seminar 1:15 Beg. Line Dancing 1:30 Samba 2:15 Improver Line Dance	6 BLOOD DRIVE 10 Art Club-Ajax 10 Latte Friday 11 Singin Seniors 1 Massage w/Erica 1:15 Bridge, Adv/Int Duplicate	7 9 Tai Chi 3-Sat 10 Meditation 10:30 Tai Chi 1 11 Soul Massage 11:15 Sword 1 12 Trip: CU Holiday Festival
8	9 12:30 Massage 1 AARP Class 1:15 Bridge, all levels 1:15 Chess, Drop-In 3:30 Tai Chi 1 4:30 Intro to Tai Chi	10 8:30 VNA Footcare 12:45 Trip: Art of Cheese 1:15 Drop-In Mah Jongg	11 10 Panera Bread 10 Massage w/Erica 11 Quantum-Music Group 12 HOLIDAY LUNCHEON 12:45 Scrabble 1 Inter./Adv. Line Dancing 1:15 Open Game Day 3 Tap Dancing 4:30 & 5:30 Tai Chi 3-Wed	12 9 Loving Hands 9 Drop In Tech Guru 10 Massage w/Erica 1 Improv Class 1:15 Beg. Line Dance 1:30 Samba 2:15 Improvers Line Dancing	13 10 Art Club 10 Latte Friday 11 Singin Seniors 1 Massage w/Erica 1:15 Bridge, Adv/Int Duplicate	14 9 Tai Chi 3-Sat 10 Meditation 10:30 Tai Chi 1 11 Soul Massage 11:15 Sword 1
15	16 12:30 Massage 1:15 Bridge, all levels 1:15 Chess, Drop-In 3:30 Tai Chi 1 3:45 Trip: Blossoms of Light 4:30 Intro to Tai Chi	17 8:30 VNA Footcare 1 Book Club: Holiday TIme 1:15 Drop-In Mah Jongg	18 10 Panera Bread 10 Massage w/Erica 11 Quantum-Music Group 12 Brooks Café-December Birthday Lunch 12:45 Scrabble 1 Inter./Adv. Line Dancing 1:15 Open Game Day 3 Tap Dancing 4:30 & 5:30 Tai Chi 3-Wed	19 9 Loving Hands 9 Drop in Tech Guru 10 Massage w/Erica 1:15 Beg. Line Dance 1:30 Samba 2:15 Improvers Line Dancing	20 10 Art Club 10 Blood Pressure Checks 10 Latte Friday 11 Singin Seniors 1 Massage w/Erica 1:15 Bridge, Adv/Int Duplicate	21 9 Tai Chi 3-Sat 10 Meditation 10:30 Tai Chi 1 11 Soul Massage 11:15 Sword 1
22	23 12:30 Massage w/Erica 1:15 Bridge, all levels 1:15 Chess, Drop-In 3:30 Tai Chi 1 4:30 Intro to Tai Chi	24 NO BROOKS CAFE Building Closes at 12pm	25 NO BROOKS CAFE BUILDING CLOSED	26 NO BROOKS CAFE 10 Massage w/Erica 1:30 Samba	27 10 Art Club 10 Latte Friday 11 Singin Seniors 1 Massage w/Erica 1:15 Bridge, Adv/Int Duplicate 6 Puzzlepalooza	28 9 Tai Chi 3-Sat 10 Meditation 10:30 Tai Chi 1 11 Soul Massage 11:15 Sword 1
29	30 12:30 Massage w/Erica 1:15 Bridge, all levels 1:15 Chess, Drop-In 3:30 Tai Chi 1 4:30 Intro to Tai Chi	31 Building Closes at 5pm 	Louisville Senior Services www.louisvillerecreation.com		For help with resources, call: 303-335-4919 (Katie T.) For other senior questions, call: 303-335-4914 (Katie B.)	