

Recreation Advisory Board

Agenda

**Monday, June 24, 2024
Coal Creek Golf Course
900 W Via Appia
6:30pm**

Members of the public are welcome to attend and give comments remotely; however, the in-person meeting may continue even if technology issues prevent remote participation.

- *You can call in to 1-719-359-4580 or 1-833-548-0276(Toll Free) Webinar ID #886 7577 1709*
- *You can log in via your computer. Please visit the City's website here to link to the meeting: www.louisvilleco.gov/rab*

The Board will accommodate public comments during the meeting. Anyone may also email comments to the Board prior to the meeting at KathyM@LouisvilleCO.gov.

- I. Call to Order
- II. Roll Call
- III. Approval of Agenda
- IV. Approval of Minutes
- V. Public Comments on Items Not on the Agenda
- VI. Staff Updates

- **Senior Services Update-Katie Beasley, Katie Tofte & Tricia M**

Persons planning to attend the meeting who need sign language interpretation, translation services, assisted listening systems, Braille, taped material, or special transportation, should contact the City Clerk's Office at 303.335.4536 or MeredythM@LouisvilleCO.gov. A forty-eight-hour notice is requested.

Si requiere una copia en español de esta publicación o necesita un intérprete durante la reunión, por favor llame a la Ciudad al 303.335.4536 o 303.335.4574.

- Recreation Update-Kathy Martin
 - Operating Budget Update
- Golf Updates- David Baril
 - Parking Lot

VII. Board Updates

- Outdoor Rec Amenities

VIII. Discussion Items for Next Meeting

IX. Adjourn

Recreation Advisory Board

Meeting Minutes

**May 20, 2024
Coal Creek Golf Course
585 W Dillon Road
6:30 PM**

Call to Order – Chairperson Norgard called the meeting to order at 6:33.

Roll Call was taken and the following members were present:

Board Members Present: Dick Friedson, Gene Kutscher, Angie Layton,
Douglas Minter, Lisa Norgard, Mary O'Brien, Michele Van Pelt

Board Members Absent: none

Staff Members Present: David Baril, Kathy Martin

City Council Member Present: Deb Fahey

Public Members Present: none

Approval of Agenda – The agenda was amended to postpone the Senior Services Update to June. The amended agenda was approved by all members.

Motion: Gene Kutscher
Second: Dick Friedson

Approval of Meeting Minutes – The minutes from the April 22 meeting were approved as written.

Motion: Lisa Norgard
Second: Angie Layton

Public Comments on Items Not on the Agenda – None

Staff Updates

Kathy reported that the Mission Green tennis court rebuild will start in July. The cracks in the east courts at Centennial Park will be repaired on May 24. Touch a Truck is scheduled for June 1. Memory Square Pool opened early for midday lap swim and for group rentals.

2025 Recreation Fee Proposal – Kathy Martin

- The biannual budget process includes determination of fees for the coming year. To provide background, Kathy reported that most local rec centers are not going to increase fees. Our fees are the highest in the area, but our rec center is considered one of the best.
- Kathy presented the different possible percentage increases, as included in the agenda. Another possibility would be a daily admission fee that is the same for everyone. A high percentage of new patrons are non-residents. The new rates will start in January.
- Board members favored raising the resident rate less than the non-resident rate.

Resolved: The Rec Center should raise Resident fees by 3% and Non-Resident fees by 7%.

Motion: Dick Friedson

Second: Lisa Norgard

The motion was approved unanimously.

Golf Updates – David Baril

- The Golf Course is moving forward with the plan to replace the current golf carts, powered by lead acid batteries, with refurbished golf carts powered by lithium batteries. The lifetime of the lithium batteries is almost twice as long and they require far less maintenance. David hopes to replace them at the end of the year. RAB members will work on a Memo to City Council to show support for this proposal.
- The Golf Course will close early on July 18 so that the parking lot can be resurfaced during the night. Dick Friedson requested a better plan for striping the lot, so that more cars would be able to park. He asked for a survey to scale, so that he could present alternative ideas, such as diagonal parking and one-way driving routes.
- David reported that the Golf Course is close to making a deal with a different company for software for point of sale, booking, and marketing. The new program will have texting capability. The potential timeline is: sign the contract in June, start transformation in October, and go live in January. David has a meeting with the City Finance Director in June.
- Top Tracer technical people came to the range on the week of May 13. They replaced multiple components with higher-level equipment. Top Tracer is working better.
- Michele Van Pelt asked if the tables on the patio could be replaced. David responded that the restaurant is responsible for replacing the tables, but the new tables would become property of the City. There is little incentive for the restaurant management to replace the tables.
- Michele asked about the slow recovery of the greens after aeration. David explained that the greens were poorly rebuilt after the flood. Instead of four

feet of new subsurface, the depth is only two feet. In addition, reused water has more salt, which creates additional difficulties. The grass will eventually grow out as temperatures increase. Dick reported that value engineering was one of the causes of the poor rebuild.

- David reported that sales in the pro shop are ahead of projections. He said that Mark Jensen does a great job of promoting items.
- RAB members noted that Sandra Grow continues to do an excellent job with the landscaping around the clubhouse.

Board Updates

Outdoor Rec Amenities

Lisa reported that the subcommittee met and discussed next steps. The group members support the RAB outdoor rec proposals. Dick is working to provide estimates of revenue generation with a new clubhouse. The subcommittee continues to look for sites for soccer/multipurpose fields and pickleball courts. Members will meet in June and continue the discussion.

Dick suggested the possibility of a small fitness room in the new clubhouse. It would be a place to warm up before playing golf. He suggested that players pay to use the equipment.

Mary O'Brien reported that City staff and contractors are taking better care of the Centennial Park tennis courts. Partial wind screens are up on the north and south sides of the courts, the broken net has been replaced, and workers are removing grass and tree debris from the courts.

Discussion Items for Next Meeting

Staff Updates
Senior Services Update
Operational Budget Update
Outdoor Rec Subcommittee Update
Golf Course Update
Golf Course Parking Lot Update
Board Updates

Adjourn – The meeting was adjourned at 7:30.

Motion: Lisa Norgard
Second Gene Kutscher

To: Recreation Advisory Board
From: Katie Beasley, Senior Services Supervisor
Date: 5/20/2024
Subject: Senior Services Program Update

Purpose:

The purpose of this agenda item is to update the board on the Senior Services Program.

Background

Senior Services offers programs that encompass a wide range of services aimed at supporting the well-being, health, and quality of life of our 60+ older adults in Louisville and surrounding areas. Overall, senior services programs play a crucial role in promoting health and independence of older adults by addressing diverse needs and providing supportive resources and services.

General Programs

Our general programs include a list of daily drop-in offerings including computers, and a lending library. Weekly we have Bridge, Mah Jongg, Quantum (Songs & Instruments), Scrabble, Samba, Board Games, Loving Hands Crafters, Choir, Lattes, Technology Help and an Art Club. Monthly we offer a Book Club, Senior Cinema, and Blood Pressure Checks.

We also offer Lifelong Learning programs including How to play Bridge, Mah Jongg, Texas Hold Em, Painting, Spanish, Quilting, Tap Dancing, Line Dancing, & Tai Chi.

Our Health & Wellness programs include classes on Whole Brain Living, Meditation. We offer Massage Therapy as well as Soul Massage.

Special Events

Senior Services offers many special events throughout the year. Our typical annual events include a St. Patrick's program, a Community Plant Sale, an Older Americans Month Celebration, a Summertime Picnic, Ice Cream Social, Wellness & Resource Fair, Thanksgiving Feast, Holiday Luncheon, and the Tree of Warmth.

We have also have other events including an Elvis Impersonator themed event, a Holiday Cookie Exchange, Art Show, a Senior Program Open House. There's also a monthly Game Afternoon led by a volunteer Game Host.

Day Trips

Since our last update, we have promoted Tricia to 40 hours/week. With the 10 extra hours being used to coordinate the day trip programming. The day trip program has continued to take the seniors to many wonderful places. The Buddy Holly Story @ Boulder Dinner Theatre, Snow sculptures in Breckenridge, Colorado Avalanche games, the Scottish-Irish Festival, Louisville PD tour, the Capital Building, the Casino, Brown Palace Tea & Tour, Blossoms of Light, Rockies Game, Pikes Peak Cog Railroad, Sunday Swing Supper, Wild Animal Sanctuary, Denver Mob Tour, Fall Leaves in Cripple Creek, Hammonds Candy, Joseph & the Amazing Technicolor Dreamcoat, Coors Field Tour, CSU Spur, Mother Cabrini Shrine, Celestial Seasoning Tour, NCAR Mesa Lab, Film on the Rocks, and so much more.

Brooks Café

2022-Total meals served: 18,661; Congregate: 4,488 meals; Grab n Go: 13,647 meals.
Marshall Fire response: 526 Community meals.

2023-Total meals served: 15,307; Congregate: 5,330 meals; Grab n Go: 9,977 meals

2024- Brooks Café transitioned to Indoor Dining only (Congregate) on January 1, 2024.
Jan-April: 3,410 Congregate meals served.

With funds from the Boulder County through SB290, we were able to purchase outdoor tables and chairs which are used by lunch participants in the summer, outside of the Brooks Room.

We have continued to do outreach to various drop-in groups to invite them to enjoy lunch as a group and have plans to continue to do so throughout the year. We send out monthly emails to over 225 lunch participants which include the menu and activity calendar for senior services.

We developed a Focus Group in 2023 to obtain ideas of how to improve the meal site and how to attract more participants. We sent "We Miss You" emails & cards to 140 participants who hadn't been to lunch for two months or more.

An annual survey is distributed to participants. We gather feedback and ideas from the survey to enhance and improve the program.

We introduced the Social Engagement Leader position. This is a volunteer position, they socialize with guests, encourage them to participate in either indoor tabletop games or outdoor games. Due to participant requests, we increased Bingo to twice a month during lunch. We have increased entertainment at lunch to 3-5 times per month during lunch.

We continue to receive grant funding through Boulder County and Nourish Colorado to offer CSA (Community Supported Agriculture) shares to our lunch participants. We receive about 10 shares of fresh vegetables each week from mid-June through October. In 2022, we distributed produce to 50 households and to 52 households in 2023. This upcoming summer, we expect to receive 8.5 shares each week and will distribute this produce to around 50 households.

The Brooks Café relies on the kindness of numerous volunteers to operate the meal site program. We have anywhere from 12 to 23 volunteers in our volunteer pool.

Silver Sneakers®, Renew Active®

Currently the Louisville Recreation & Senior Center accepts Silver Sneakers® and Renew Active by United Healthcare® for fitness memberships. These programs operate on a per visit and/or monthly reimbursement rate.

Resources

The Community Resource Coordinator in Senior Services assists Older Adults with information and referrals for things they need. Resources shared in the past years include housing information, food resources, mental health resources, financial resources, tax help and Legal resources. We also offer the

community resource of a Loan Closet with basic medical equipment available to Louisville & Boulder County residents of all ages.

In 2022, we made 775 Resource Contacts and 437 Loan Closet contacts. In 2023, we made 768 Resource Contacts and 459 loan closet contacts. So far in 2024, we have made 448 Resource Contacts and 129 loan closet contacts.

AARP Tax Aide largely contributes to the number of contacts listed above. Each year, we partner with AARP Tax Aide to offer tax preparation appointments at the Louisville Recreation & Senior Center to the community. In 2024, the Louisville AARP Tax Aide Site held 348 appointments in 9 days between February 1st and the first week of April. 46% or 164 of those appointments for our site were made by the Louisville Resource Coordinator.

In 2022, we received a grant from Frasier in Boulder to offer an Older Adult Activity Scholarship to people who either lost their homes or met our income eligibility criteria for financial assistance. Since July 2022, we have provided \$50 scholarships to 43 individuals 7 times, following the catalog schedule. Each resident applicant received up to \$350 in total for trips or other activities through the Louisville Recreation & Senior Center. This scholarship opportunity will be closed at the end of June 2024.

We offer Resource Programs in the areas of Health & Wellness, as well as General Resource programs such as the Willmaker Legal Seminar and AARP Smart Driver Class. Some of the highlights of our resource programming have included monthly lunchtime resource talks with a wide variety of our non-profit partners, Fall Prevention programming, Alzheimer's association presentations, Property Tax Presentations, a Joint Replacement presentation, Hearing Screenings, and Solo Aging presentations.

Volunteers

Throughout Senior Services, we depend on volunteers to make coffee and prepare morning treats, set up, clean up and serve lunch, make latte's, lead day trips, lead drop-in activities, organize our library, teach classes, shovel snow and more. In 2022, our volunteers served for 3,240 hours. In 2023, our volunteers served for 3,935 hours. So far in 2024, volunteers have served 1,194 hours.

Outreach

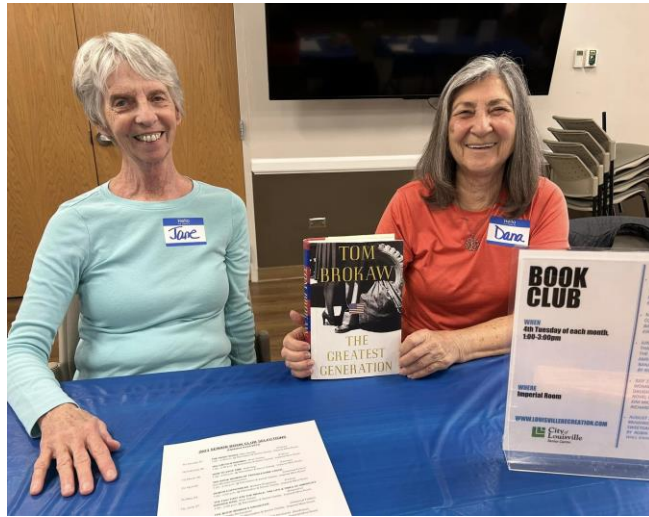
Outreach is key to sharing our senior programs to people who are not familiar with what we offer. This past year plus, we've had a table and shared information at our Louisville Recreation & Senior Center Wellness & Resource Fair, our Senior Services Open House, Ecotoberfest, and the Kestrel Community Resource Fair. We also share information through our senior specific monthly Mail Chimp emails which reach over 5,100 people. In Boulder County and the wider community, we share information and highlight upcoming events in the Boulder County Area Agency on Aging e-newsletter which reaches 5,200 people, as well as the Prime Time News publication reaching up to 35,000 with hard copies and around 7,000 each month from their website.

Next Steps

Senior Services staff will continue to offer relevant programs to older adults within Louisville and surrounding communities. We look forward to many new programs this fall including our day trips to Estes Park, Buc-ees, the Betty Ford Alpine Gardens, an Avalanche Game, the Botanic Gardens, CU Holiday Show and more. We also look forward to our popular fall events including the Wellness & Resource Fair, Thanksgiving Feast, Holiday Luncheon, and more. Fall Resource Programs will include presentations on Solo Aging and Emergency Preparedness.



Louisville Senior Services Update May 2024



GENERAL PROGRAMS

General Programs Include:

- 18 Drop-in programs
- Recreation & Resource Related Classes & Workshops
- Massage Therapy & other Wellness Related Programs

SPECIAL EVENTS



2022: 799 participants
2023: 995 participants
2024 (upcoming Summer events): Plant Sale, Older Americans Celebration, Annual Picnic, Ice Cream Social

Senior Trips:

Winter Park

Cog Railroad

Nuggets Game

Brown Palace

Scottish-Irish Festival

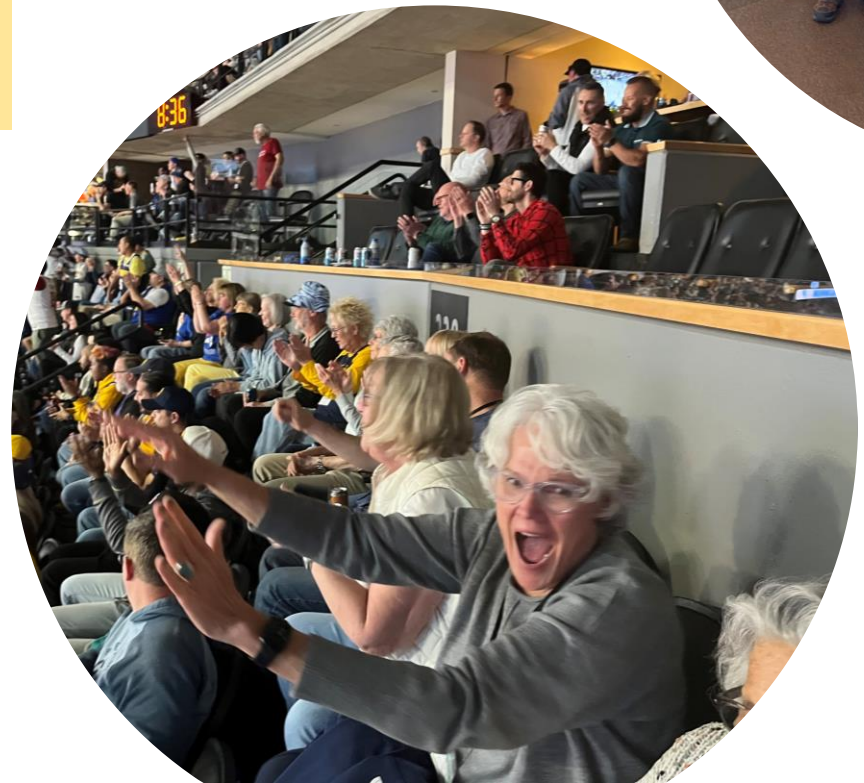
Boulder Dinner Theatre

Blossoms of Light

Breckenridge

Colorado Avalanche games

2022 Trip Participants: 679
2023 Trip Participants: 1033
Jan-Apr 2024: 342





Brooks Café Meal Program

Brooks Café Outreach

2022: Total meals served:18,661; Congregate:4,488 meals; Grab n Go: 13,647 meals

2023: Total meals served: 15,307; Congregate: 5,330 meals; Grab n Go: 9,977 meals

2024: Jan-April: 3,410 Congregate meals served

- Monthly emails to 225 participant.
- Annual Surveys distributed to meal site participants
- "We miss you" emails & cards sent to 140 participants in 2023
- Focus Group created in 2023

Brooks Café & Friday Latte Volunteers:

- **Brooks Café:**
 - 2022: 1199.75 volunteer hours with 16 volunteers
 - 2023: 1463.75 volunteer hours with 23 volunteers
 - 2024: 586.75 volunteer hours with 19 volunteers
- **Friday Lattes:**
 - 2022: 98.5 volunteer hours with 3 volunteers
 - 2023: 99 volunteer hours with 4 volunteers
 - 2024: 32.5 volunteer hours with 4 volunteers



Silver Sneakers® & Renew Active by United Healthcare® Visits

Silver Sneakers®

2022: 42,983

2023: 38,168

2024 (thru April): 15,838

Renew Active by United Healthcare®

2022: 22,366

2023: 46,795

2024 (thru April): 19,319



Combined Totals

2022: 65,349

2023: 84,963

2024 (thru April): 35,157

RESOURCES

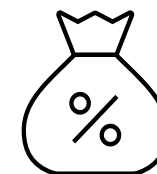
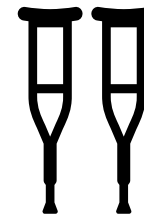
Housing, Financial Assistance, Food, Legal Assistance, Tax Help, Medical Equipment Loan, Mental Health Resources

2022: 775 Resource Contacts
2023: 768 Resource Contacts
2024 (so far): 448 Resource Contacts

2022: 437 Loan Closet Contacts
2023: 459 Loan Closet Contacts
2024 (so far): 129 Loan Closet Contacts

AARP Tax Aide 2024 (2023 Tax Year):
348 appointments in 9 days

46% or 164 appointments made by
Community Resource Coordinator



RESOURCES



OLDER ADULT ACTIVITY SCHOLARSHIP

*\$50 scholarships to 43 Older Adults up to 7 times (\$350 total) since July 2022

*147 duplicated scholarships offered; \$7,350 total

VOLUNTEERS

Coffee Set-Up, Lunch Volunteers, Day Trip Leaders, Librarians, Class Teachers, Snow Shovelers, Drop In Leaders

2022: 3,240 Volunteer Hours

2024 (So Far): 1,194 Volunteer Hours

2023: 3,935 Volunteer Hours

OUTREACH



SENIOR SERVICES WELLNESS & RESOURCE FAIR



SENIOR SERVICES OPEN HOUSE



ECOTOBERFEST



KESTREL COMMUNITY RESOURCE FAIR

