

Look Inside- It's full of *endless possibilities!*



3 to 5 different day-trips per month to:

- Theaters
- Museums
- Scenic Escapes
- Wonderful Restaurants

Special Events:

- Health Fairs
- Art Shows
- Holiday Lunch/Dinner Celebrations
- Health & Wellness Classes & Presentations

Helpful Resources:

- Resource Referrals
- Financial Assistance
- Medicare Basics Classes
- Medical Equipment Loans
- Foot Care
- Support Groups
- Tax Preparation

Classes and Drop-in Programs:

- Fitness/Aquatics Classes & Weight Training
- Billiards/Pool Tables
- Card Games
- Dancing
- Garden & Book Clubs
- Computer Usage & Classes
- Safe Driving Classes

And so much more
visit louisvilleseniorservices.com
or call 303-666-7400

Stay active...and Enjoy Life!

AGE WELL  at the Louisville Senior Center!

